



Therapeutic Storywriting

Emotional literacy through story

3-day 'Setting up Therapeutic Story Writing Groups' training course for SENCOs, teachers, support staff and learning mentors supporting pupils with social and emotional needs.

Summer Term - Tuesday 21st May, Tuesday 18th June and Tuesday 16th July

Venue Mill Hill Community Primary School, Crosby Road, Northallerton, DL6 1AE

Cost: £370 in total per delegate for the full 3 days and this also includes access to online resources and 2 supervision sessions post training.

Course content

- Relationship between emotional and cognitive development;
- The emotional significance of story metaphor
- Active listening in the context of story work
- Set up and delivery of the 10 week Therapeutic Storywriting intervention

The positive impact of therapeutic stories is well documented and evidenced within educational literature and practice. Research commissioned by the South-east Region SEN partnerships shows that Therapeutic Storywriting Groups help pupils:

- Process difficult feelings
- Develop social skills
- Improve emotional resilience

- Improve writing skills
- To provide an emotionally containing environment in which to support the thinking process

Therapeutic Story Writing (TSW) has been developed as an SEN intervention which uses the medium of story writing to support children with Social, Emotional and Mental Health difficulties (SEMH). The intervention uses metaphor both within the children's own writing and the stories written by the facilitator in order to address concerns which may be too emotionally overwhelming for children to talk about directly.

Research has shown that it can both increase motivation to write and the development of emotional literacy skills. Therapeutic Storywriting is an innovative and creative way to support children whose emotional difficulties are getting in the way of their academic learning. Therapeutic Storywriting Groups consist of 4-6 children, requires an hour and runs weekly for 10 weeks. The group intervention is suitable for pupils aged 7-12 years.

This exciting opportunity to attend the 3 day training organised by the Educational Psychology Team offers a **maximum of 12 delegates per course**. So as places are limited, please book early to avoid disappointment. Bookings can be made via www.nyeducationsservices.co.uk

Please contact Dr Claudia Moss, Senior Practitioner Educational Psychologist (SEMH) via email Claudia.Moss@NorthYorks.gov.uk if you have any queries.