** **

Educational Psychology Team

Outline

Description

Outcome

Tuesday 29th September

Tuesday 20th October

Tuesday 17th November

**Date**

**Venue:**

**Trainer:**

**Additional information:**

**Sign up deadline:**

**Course code:**



3-day ‘Setting up Therapeutic Story Writing Groups’ training course for staff supporting pupils with Social, Emotional and Mental Health (SEMH) needs.

**Course content**

* Relationship between emotional and cognitive development
* The emotional significance of story metaphor
* Active listening in the context of story work
* Set up and delivery of the 10 week Therapeutic Storywriting intervention

20th September

£420 in total per delegate for the full 3 days and an additional session of supervision

Emily Jackson

Tech North

**Time:**

9:15am to 4:15pm

Research has shown that Therapeutic Storywriting Groups help pupils: process difficult feelings, develop social skills, improve emotional resilience, improve writing skills and to provide an emotionally containing environment in which to support the thinking process.

Therapeutic Storywriting is an innovative and creative way to support children whose emotional difficulties are getting in the way of their academic learning. The intervention uses metaphor both within the children’s own writing and the stories written by the facilitator in order to address concerns which may be too emotionally overwhelming for children to talk about directly. Therapeutic Storywriting  Groups  consist of 4-6 children, requires an hour and runs weekly for  10 weeks. The group intervention is suitable for pupils aged 7-12 years.

To book onto this or any other training go to **www.leedsforlearning.co.uk**